



# Warwickshire County Athletics Association

**MINUTES OF THE 21<sup>st</sup> ANNUAL GENERAL MEETING**  
**AT NUNEATON HARRIERS' HEADQUARTERS**  
**ON WEDNESDAY 24<sup>th</sup> NOVEMBER 2010 at 7:30p.m.**

**Present at the meeting**

Bob Carey	Sphinx AC
Richard Carney	WCAA President and BRAT
Alan Edwards	WCAA LVP and Leamington C and AC
Barry Ewington	Nuneaton Harriers
Margery Ewington	County Officials Secretary and Nuneaton Harriers
Tony French	Northbrook AC
Stewart Harris	WCAA LVP
Gordon Horne	Coventry Godiva Harriers
Ray Morgan	WCAA Chairman and Leamington C and AC
Mick Petch	Sphinx AC
Keith Richards	WCAA Auditor and Coventry Godiva Harriers
Ian Riley	WCAA LVP and Royal Sutton Coldfield AC
Pat Taylor	WCAA Secretary and Nuneaton Harriers
Dave Timothy	Saracens RC
Richard Bagley	Sphinx AC
Richard Brooks	Spa Striders
Mike Ellis	Spa Striders
Sean Lonergan	Spa Striders
Graham Healey	Past President and Sparkhill Harriers
Stewart Barnes	WCAA Treasurer and Coventry Godiva Harriers

**Agenda Item 1**

**Apologies for absence.**

Rebecca Freeman	WCAA Team Managers Coordinator and Solihull and Small Heath Harriers
Nick Price	WCAA Vice President and BRAT
Margaret Riley	Royal Sutton Coldfield AC
Bill Adcocks	Coventry Godiva Harriers
Mary Hodges	Leamington C and AC
Tom McCook	Birchfield Harriers

The meeting stood in silence to remember our colleagues and friends who will be sadly missed. Cavin Woodward, John Wright, Alan Hemsley, Tim Green and Brian Ferris.

The following minutes should be read in conjunction with the support notes which were distributed at the AGM and which are attached below.

**Agenda Item 2**

**Acceptance of the minutes of the General Meeting held on Wednesday 25th November 2009 and matters arising.**

The minutes were accepted as a true record. Proposed by Stewart Barnes. Accepted unanimously.

There were no matters arising.

**Agenda Item 3**

**The Annual Report by WCAA Chairman, Ray Morgan**

See attached notes. The meeting unanimously accepted the report.

**Agenda Item 4**

**The Financial Report by WCAA Treasurer, Stewart Barnes**

Report as attached. Stewart explained that we had purchased vests and medals for next year to beat the new VAT rate, estimated a saving of £200. Graham Healey proposed that we purchase more medals due to the economic climate as we have money in the bank gaining very little interest. A letter will be sent to Henry Mortimer to thank him for auditing this years accounts after the loss of Cavin Woodward.

**Agenda Item 5**

**Affiliation Fees for 2010-11**

The meeting unanimously accepted the Treasurer's recommendation not to increase the Clubs' affiliation fee to the County Association.

**Agenda Item 6**

**Election of Officers and Officials for 2010-11**

The notes that were distributed at the meeting (see attached below) have been updated to show who was elected.

We still have not found a replacement for Stewart Barnes (treasurer) or Cavin Woodward (auditor) Please ask among clubs etc. to find replacements.

The meeting unanimously elected the Officers and Officials en-bloc.

Stewart Harris proposed that Richard Carney be a Life Vice President for his excellent service as a competitor, official and WCAA officer. He has been a very effective and efficient Promotions Secretary for the whole of the 21<sup>st</sup> century to date!

**AGM Agenda Item 7**  
**Constitutional Changes**

There have been no propositions of changes to the constitutional.

**WCAA 2010 AGM Agenda Item 8**  
**Any other business**

- a. Winner of The Ellis Trophy is Sue Harrison of Leamington C and AC (see notes attached).
- b. The Warwickshire Road Race League has proposed that WCAA take over the governance of the league. The Chairman explained that the Officers had not yet had chance yet to properly consider the proposal but it does fit will with the Association's role as a competition provider. The Chairman asked and the meeting agreed that this be progressed by the Officers who should formally propose something to the 2011 AGM.
- c. The next Officials social evening will be on 10<sup>th</sup> December at Brandon Social Club. All officials and volunteers who have helped at a County promotion over the last year are invited but it is (free) ticket only and you must tell Margery Ewington if you intend to go. The track season is well over now but don't forget to send in your Form 10 to Margery as soon as possible.
- d. Date of 2011 AGM – Wednesday November 23<sup>rd</sup>.

The meeting closed at 8.30 p.m. with thanks to Nuneaton Harriers for hosting the meeting.

If you are not already receiving an electronic copy  
of "The Bear"  
or of news from the County Association  
then please send your e-mail address to  
Ray.Morgan1@Btinternet.com

And/Or visit

[www.WarwickshireCountyAA.co.uk](http://www.WarwickshireCountyAA.co.uk)

**Since the minutes were first issued two oversights in the AGM paperwork have been spotted.**

- the bank balance referred to in the finance report should read £18506.11
- a notable team result should be included in the Chairman's report. The U17 Men's team at the Inter County Cross Country Championships finished 3rd. The 4 scorers were Jack Gray 4th, Luke Scarr 30<sup>th</sup>, Tim Griffith 38th and Daniel Mills 54th for a total pts 126.

**The following pages are the support notes which were distributed at the 2010 AGM**

**However, please note that the Officers page has been amended to reflect the situation AFTER the meeting rather than before.  
Note also that there are two vacancies, for Treasurer and Auditor, that we need to fill.**

**THE 21<sup>st</sup> ANNUAL GENERAL MEETING**  
**AT NUNEATON HARRIERS' HEADQUARTERS**  
**ON WEDNESDAY 24<sup>th</sup> NOVEMBER 2010 at 7:30p.m.**

Agenda (support notes when required are attached below)

1. Apologies for absence.
2. Acceptance of the minutes of the AGM held on Wednesday 25<sup>th</sup> November 2009 and matters arising. The minutes were distributed soon after the AGM last year.
3. The Annual Report by the WCAA Chairman, Ray Morgan.
4. The Financial Report by the WCAA Treasurer, Stewart Barnes.
5. Affiliation Fees for 2010-11.  
The Treasurer and Officers propose no increase in the County fee for the coming financial year.
6. Election of Officers and Officials.  
There have been no nominations for Officers or Officials prior to the AGM.
7. Constitutional Changes.  
There have been no propositions of changes to the Constitution.
8. Any other business - at the discretion of the Chairman.
  - a. The Ellis Trophy (see notes attached)
  - b. The Warwickshire Road Race League has proposed that WCAA take over the governance of the League
  - c. The next Officials social evening will be on 10th December at Brandon Social Club. All officials and volunteers who have helped at a County promotion over the last year are invited but it is (free) ticket only and you must tell Margery Ewington if you intend to go. The track season is well over now but don't forget to send your Form 10 to Margery Ewington as soon as you can.
  - d. Date of 2011 AGM – Wednesday November 23rd

## Obituaries

### CAVIN WOODWARD

Cavin was a long term member of Leamington C and A C. He excelled at ultra distance events for many years. In 1975 he set world best times at 30 and 50 miles and went on to set new times at 100km and 150km and 100 miles. He also won the London to Brighton race the same year, and went on to complete 11 more 'Brightons'.

He has been the Warwickshire County auditor for many years during which he coached the Treasurer and second auditor in the ways of accounting and auditing, a task he performed for a number of other local organizations.

### JOHN WRIGHT

John coached many middle and long distance runners, including Andy Hart, for many years at Leamington C and AC and Rugby and Northampton AC.

### ALAN HEMSLEY

Alan was for many years the quiet engine room behind Massey Ferguson. He was always cheerful always optimistic, turned up to promote and officiate, produce results at his club promotions and at Birmingham League events, where he acted as League Secretary.

### TIM GREEN

Tim was a passionate coach in disability athletics, who for many years was a vital part of the West Midlands Disability Focus Group (Coaching Committee), and coached in Saudi Arabia and with the British Blind Sport Athletics.

### BRIAN FERRIS

Brian was a Leicestershire and Rutland man but a close friend of our County. He was one of the organising committee for the Combined County Championships and an ever present time keeper.

They will all be missed and we salute the effect they had on the sport.

## **WCAA 2010 AGM Agenda Item 3**

### **The Annual Report by WCAA Chairman, Ray Morgan**

#### **1. General.**

For the first year since I took over the Chair of the County Association we were not affected by an organisation change imposed by the governing bodies! However the CEO of EA recently resigned so let's hope that his replacement does not reshuffle the deck once again.

We are now a "Competition Provider" and our finances are entirely linked to the competitions we provide – our Championships. The Championships are now financially self sufficient which means that they can continue long term regardless of the impact of any changes from outside the County.

In the Coventry, Solihull and Warwickshire part of the County the Endurance Academy has achieved very significant progress thanks largely to the efforts of Dave Dix. On a negative note, Warwickshire Schools athletics continues to be in crisis.

In the Birmingham part of the County the Development Network has been revived. I believe that it has received funding which will be used to employ a part time development officer.

The Warwickshire Road Race League has proposed that the County Association takes over governance of the League. The County Officers have not had chance to discuss it properly prior to the AGM but given the Association's role as competition provider the proposal makes good sense.

#### **2. County highlights.**

A large number of County athletes have produced excellent performances over the last year. Many of the best are included in the notes written by Tom McCook for the Ellis Trophy (see section 8 of this document) but apologies to anybody who has been overlooked.

There have also been a number of excellent team performances including:-

- The Rugby & Northampton AC U17 women won the bronze medal at the National XC Relays held in Mansfield.
- Coventry Godiva Harriers won the Senior Men's and the U15 Boy's trophy at the Midlands Cross Country Championships.
- Birchfield Harriers finished second in both the BAL and UK Women's Premier Leagues.
- Birchfield Harriers won the Midland Young Athletes League from Rugby and Northampton AC. In the National Final Rugby and Northampton turned the tables to finished 4<sup>th</sup> ahead of Birchfield in 5<sup>th</sup> position.
- In the Midland Road Relays the Birchfield Men's and Coventry Godiva Harriers Ladies Team finished in 3<sup>rd</sup> place. Tina Brown of Coventry Godiva Harriers recorded the fastest leg.

- The U17 Men's team at the Inter County Cross Country Championships finished 3rd. The 4 scorers were Jack Gray 4th, Luke Scarr 30<sup>th</sup>, Tim Griffith 38th and Daniel Mills 54th for a total pts 126.

### **3. WCAA Championships**

#### **Cross Country**

The Championships were staged in January at Newbold Comyn hosted by Leamington C and AC. Our thanks go to the technical officials, the club volunteers and Warwick District Council for their support – but particularly Margery Ewington, Richard Carney, Noel Butler and Alan Edwards.

The event went ahead under a blanket of snow on a day when many other County events were cancelled. Coventry Godiva Harriers were arguably the club of the day because they took four individual titles with Sian Rainsley (U13G) Michael McKeown (U15B) Rowena Cole (U20W) and Tina Brown (SenW), plus four team trophies for the U15 boys, Senior Women, Senior Men and Masters Men. The club also has the second senior mens team to close. Royal Sutton Coldfield AC continued their dominance in the U13 girls and U15 girls team events.

The 2011 Championships will be held on January 8<sup>th</sup> 2011 at Cofton Park hosted by BRAT in conjunction with the Worcestershire Championships. The entry forms and prospectus are on the County web site.

#### **Track and Field**

The Championships were held at Alexander Stadium where the officials and athletes did well to cope with poor weather. Kate Morley of Birchfield Harriers (U17W Jav), Joshua Newman of Birchfield Harriers (U17M Shot), Annabelle Pask of Coventry Godiva Harriers (U13G 70mH, LJ and HJ), Claire Tarplee of Solihull and Small Heath AC (SenW 800m) and James Walsh of Leeds City AC (SenM 5k) were all in the running for the Jack Hartley Trophy for the best performance of the meeting but it was awarded to Nadine Okyere of Birchfield Harriers for her win in the 400m in 54.6. The Warwick Vase club competition was won by Birchfield Harriers from Coventry Godiva Harriers and Rugby and Northampton AC.

The 2011 Championships will once again be held jointly with Leicestershire and Rutland at the Pingles Stadium in Nuneaton hosted by Nuneaton Harriers. The 2011 3k Track Championships will be hosted by BRAT and will be expanded to U17 and older (not just U17 as at present).

The County tried to promote a relays only meeting in August but it was cancelled because of lack of support. We will try again in 2011.



## **Road**

Many thanks to the Clubs and promoters of the races which hosted the County Road Championships in 2009. They were:- the Birmingham Rowheath (now BRAT) 5k, the Coventry Godiva Autumnal 5m, the Two Castles 10k (Leamington C and AC and Rotary of Kenilworth), the Rugby 10m (Rugby and Northampton AC), the Kenilworth Half Marathon (Kenilworth Runners).

The Championships almost produced a different senior Champion for each distance.

10k Philip Gould (KenRun) and Sue Harrison (Leam)

5k Scott Hazell (CovGod) and Linda Howell (Bourn)

5m Toby Spencer (CovGod) and Myshola Kirkham (CovGod)

HalfM Richard Simkiss (KenRun) and Sue Harrison (Leam)

10m Mark Smith (Sphinx) and Anne Marie Smith (CovGod)

The Warwickshire Road Race League was won by Paul Thompson of Sparkhill and Carolyn Wilkinson (V35) of Spa Striders. The Striders also took the senior and veteran ladies team prizes while Centurion took both of the mens team awards. Spa Striders have never featured in the prize list before but took seven awards this year – well done to them.

## **4. Inter County - WCAA Teams (and athletes).**

### **Road Walks**

The Inter-Counties walks were held at the Warwick University Business Park. Brendan Boyce (Godiva) led home a large field in a new pb for 10k, 41.50. Warwickshire won the Senior Women's Team (Ann Wheeler, Karen Davies and Tracey Mills) and the overall Men's team award, and finished second to Kent in the men's and Women's combined overall award.

### **Cross Country**

The Championships were held at Cofton Park after many years at Woolaton Park. The venue proved a great hit.

In the senior men's race Phil Hinch finished 5<sup>th</sup> one place ahead of James Walsh. The team finished 8<sup>th</sup>. Laura Kenney came 6<sup>th</sup> in the Senior Women's race with the team in 10<sup>th</sup>. The highest placed County runners were Michael McKeown who was 3<sup>rd</sup> in the U15 boys and Jack Gray who was 4<sup>th</sup> in the U17 Boys. The U15 Boys team finished 10<sup>th</sup>.

Congratulations to all the athletes who represented the County and thanks to the Team Managers, led by Rebecca Freeman, who supported the athletes.

Sadly Phil Hinch and James Walsh were not subsequently selected for the World Championships. On behalf of WCAA and its athletes I protested the non selection but to no avail.

## **Track and Field**

Typical Bedford weather greeted the athletes, gale-force winds on the Sunday and cold on Monday. A number of County athletes made the podium: Matt Roberts 1st HJ 2.21m, Hayley Murray 2nd HT 51.56m, Jade Surman 2nd 400H 61.09s (60.09 in heat), Emma Williams 3rd 400m 55.40s, Brendan Boyce 3rd 3kW 11:49.93s. The men's team was 8th, the women's team was 12th and overall Warwickshire finished 10th. Thanks again to Becky Freeman for her Team Management.

The Warwickshire young athletes once again performed magnificently in the annual Inter-Counties match. They were victorious for the 8<sup>th</sup> consecutive year and for the 11<sup>th</sup> time out of 12. Olivia Woodward (U13G SP 9.28), Amelia Benjamin (U15G 200m 26.0), Ruben Esien (U13B SP 12.09) and Luke Townsend (U15B 80mH 11.7) all won best performance awards. Well done and thanks to John Nash and Becky Freeman for their team management.

**Road**            The CAU did not organise any road races in 2010.

## **5. and finally .....**

Finally I must record my personal thanks to my fellow Officers and Officials and Team Managers for all that they have done for the County and the sport over the last year – and many years before that too! Also to the Clubs who have hosted County fixtures.

**Ray Morgan**  
**Honorary Chairman, November 2010**

## WCAA 2010 AGM Agenda Item 4

### The Financial Report by WCAA Treasurer, Stewart Barnes

I am, please to be able to report that the financial year ended on 30th September 2010 shows a surplus of £517.88p.

This year the County lost another affiliated organisation in the University of Warwick, thus reducing income from that source to £325. (Leamington C & AC made a prepayment prior to the financial year).

The two major Championships that are promoted by the County rendered a surplus of £3,115.32 (Track & Field £1,122.63 and Cross Country £1,992.69)

The major expenditure of the Association is vests £1,116.65 (value of those awarded). Although expensive I feel the practice should continue.

Medals for our Championships are also a large expense. However they are of a standard that reflects the status that a County Championship and are certainly better than others we know of!

The move of the CAU Inter Counties Cross Country Championships into the County has greatly reduced the traveling expenses paid to athletes for this and the Track and Field Championships. (£213.80p – 2009 / £851.13p)

The Alliance & Leicester (soon to be Santander) Community Account continues to bring a considerably reduced interest of £18.49p over the year (not so long ago that was over £70 per month!). The account stands at a very healthy £18506.11p. This needs examining to see if there is a way of making at least some of it work better for the future.

The County is on a fine and sound Financial Footing, but 'good house keeping' is now essential to maintain the effort of the past. The impact of the imminent rise in VAT will undoubtedly be immense over the coming year(s).

I would recommend that there be no alteration to Affiliation Fees for the time being, although this should always be under constant review.

I would like to thank Henry Mortimer for stepping in to act as Auditor at a late stage after the sad and untimely death of Cavin Woodward. Henry is different in his work but has offered his experienced advice for the future working of the accounts. Keith Richards continues his excellent work alongside. I extend my thanks also to Keith.

I present the Balance Sheet to the Annual General Meeting.

Stewart Barnes  
Hon. Treasurer

***The income and expenditure report and the balance sheet  
is available on request from the Association Treasurer.***

## WCAA 2010 AGM Agenda Item 6

### Election of Officers and Officials for 2010-11

The current Officers and Officials are listed below.

#### Officers of the County Association.

President	Nick PRICE
President Elect	Keith RICHARDS
Hon Secretary	Pat TAYLOR
Hon Treasurer	Vacant
Hon Chairman	Ray MORGAN

#### Officials of the County Association.

Hon Officials Secretary	Margery EWINGTON
Hon Promotions Secretary	Richard CARNEY
Team Managers Coordinator	Rebecca FREEMAN
"The Bear" Newsletter Editor	Keith RICHARDS
Hon Trophies and Medals Secretary	Bob CAREY
Trustees	Ian RILEY and Graham HEELEY
Auditors	Vacant and Keith RICHARDS

#### Representatives to the CAU

Graham HEELEY and Mary HODGES

#### Life Vice Presidents.

The following have previously been elected Life Vice Presidents

Maureen BLORE	Alan EDWARDS	Norma BLAINE	Ken BULL
Winnie DALTON	Mike DOYLE	Stewart HARRIS	Janet PAUL
Graham HEELEY	Mary HODGES	Frank KIRBY	Dyfrig REES
Edna WALKER	Henry MORTIMER	John WALKER	Ian RILEY
Les BARNETT	Margery EWINGTON	Richard CARNEY	(19 in Total)

#### Past Life Vice Presidents

Margaret BABBINGTON	Ted CLIFFORD	Ken DARE
Marianne LINGEN	Peter MILTON	Norman WALKER
(6 in total)		

#### Vice Presidents. Stewart BARNES (1 in Total)

#### Team Managers (for info only – they are appointed by the Team Managers Coordinator)

Cross Country	Simon Kinson, Nick Price, Simon Gale, Eddie Cockayne, Robert Pinton, Becky Freeman, Bob Carey, Helen Bebbington and Brian Higson.
Road	Tom and Pauline Dable (there are currently no CAU road races)
Track and Field	Becky Freeman and John Nash.
Race Walking	Keith Richards and Ann Smith
Fell Running	Eddie Cockayne

## **WCAA 2010 AGM Agenda Item 8a**

### **The Ellis Trophy 2010**

The Ellis Trophy acknowledges the most significant performance of the year by a County athlete provided it is outstanding. The recipient is decided by the President, Richard Carney, who asked Tom McCook and Stewart Harris to advise him. A summary of their deliberations, written by Tom McCook is shown below

There were many fine performances by Warwickshire athletes in the past year. These include:-

- A renaissance by Mark Lewis Francis in which he won silver medals in the 100 metres at both the European Championships in Barcelona and the Commonwealth Games in Delhi a decade after he won the World Junior Sprint Champion at Santiago in Chile.
- 13 years after he won his first AAA Senior 200 metres title and seven years after he was crowned World Indoor Champion at the NIA in Birmingham; Marlon Devonish added two more UK sprint medals to his impressive tally. Marlon was runner up over his specialist distance as well as taking the third spot in the 100 metres. He followed this with fourth place at the European championships in Barcelona and fifth place in Delhi. The 34-year old showed that experience counts when he came within two hundredths of a second of topping the UK rankings this year.
- In a repeat of their memorable success in the 2004 Olympic Games in Athens, MLF accepted the baton from Marlon Devonish to claim the Commonwealth Games gold medal in the 4x100 metres Relay.
- Nadine Okyere, who was the winner of the Jack Hartley trophy for the best performance at this year's Warwickshire County Track and Field Championships, improved by almost a second and a half over the one lap distance this year, went onto represent her country at the European Cup as well as both the European and Commonwealth Championships.
- Nadine teamed up with her Birchfield Harriers team mate Meghan Beesley (who improved her PB for 400m Hurdles by six tenths of a second to 56.65 secs) to bring back silver medals from the Commonwealth 4x400 metres Relay which was won by India to the understandable delight of the host nation.
- James Walsh recorded his fourth Midland Cross Country title. He and Phil Hinch who are both Warwickshire Cross Country champions occupied the first two places in this year's event at Newbold Comyn.
- Phil Hinch turned the tables when he and James Walsh ran splendidly to finish fifth and sixth at the Inter Counties Championships at Cofton Park. The decision not to select these two athletes for the 2010 World Cross Country Championships in Poland proved to be very controversial.
- After winning his first Midland 5,000 metres title, James Walsh returned to the Alexander Stadium to be crowned the UK 10,000 metres champion.
- High Jumper Tom Parsons finished in the silver medal position at the UK Indoor Championships in Sheffield. He replicated this position with a season's best performance of 2.28 metres at the UK Outdoor meeting before taking fifth place in Delhi.

- Tina Brown began the year by winning the county Cross Country title. Despite undergoing surgery for a double hernia in May which delayed the start of her track season, the Coventry Godiva Harrier lowered her PB for 1500 metres to 4:13 and 3,000 metres Steeplechase to 9 mins 48.08 secs this summer. Tina qualified for her second Commonwealth Games appearance in the Steeplechase by winning the England title at Gateshead in July.
- Her club mate Celia Taylor (nee Brown) also ran faster than ever before when she recorded times of 2:01:06 for 800 metres and 4:10:41 for 1500 metres and was understandably bitterly disappointed not to make her Commonwealth Games debut at the age of 33.
- Luke Lennon Ford won a bronze medal from the 4x400m Relay at the World Indoor Championships in Doha in a season in which he lowered his PB for 400 metres to 46.70 secs. He also won the England U23 400m title.
- Laura Kenney was runner up in the 5,000 metres at the UK Championships. The Royal Sutton Coldfield AC runner stepped up in distance to make a winning debut at 10K on the road at Eastleigh.
- The BRAT's duo of Jack Gray and Paul Thompson impressively occupied the Top Two places in the London Mini Marathon in April. 18-year Paul made a most encouraging debut last month at the EDF Birmingham Half Marathon in a time of 67:51 which ranks the teenager among the fastest ever British Juniors.
- Despite intimating her intention to retire as a competitor, Rugby and Northampton AC's Ellana Ruddock "did a Haile Gebrselassie" by accomplishing the sprint double at this year's County Championships.
- A year after she accomplished a Top Six finish in the 2006 World Junior Heptathlon in Beijing, Jade Surman had to endure the trauma of sustaining a career threatening knee injury. In those circumstances, it was extremely pleasing to see Jade, who is now 21-years of age, on the medal podium for both the 100m and 400m Hurdles at the England Under 23 Championships.
- We would also wish to make honourable mention of 39-year old Michelle Thomas who as a past winner of the Jack Hartley trophy, has given remarkably loyal service over a very long period of time to Warwickshire and Birchfield Harriers whilst competing also at national and international level of competition. Michelle competed indoors early this year but was unable to run this outdoor season because of a leg injury but she is now able to train once more and intends to race again in 2011.

After very careful deliberation the President has decided that the Trophy should be awarded to **Sue Harrison of Leamington C and AC.**

Sue has always supported her county of Warwickshire throughout her long athletics career. Three weeks after celebrating her 39th birthday, the Leamington endurance runner won the Women's International Association of Ultra Runners (IAU) World 50 kilometres trophy in a UK record time in Galway on 29 August. Sue, who is coached by Les Barnett, also won the Women's Marathon by a margin of nine and a quarter minutes from the USA's Mary Coordt in a time of two hours 44 mins 18 secs. The Warwickshire stalwart then picked up the pace over four two kilometres laps round Galway city centre to complete the 31 miles course in 3:15:42 to extend her margin of victory over her American rival to approaching 13 minutes.

**Written by Tom McCook on behalf of  
Richard Carney (President), Stewart Harris and Tom McCook**

## County Fixtures for 2011

8 <sup>th</sup> January	Cross Country Championships at Cofton Park, Birmingham To be hosted by BRAT. Note that <b><u>the closing date is Wednesday 9<sup>th</sup> December</u></b> Entry Forms and prospectus are available on the web site
12 <sup>th</sup> February	County Road Race Walking Championships (Seniors) at Coventry 10k for males, 5k for females
5 <sup>th</sup> March	CAU Inter Counties Cross Country Championships at Cofton Park
27 <sup>th</sup> March	County Road Race Walking Championships U13 to U20 at Abbey park, Leicester
2 <sup>nd</sup> May	U17 male and female 3k track championships To be hosted by BRAT
14 <sup>th</sup> and 15 <sup>th</sup> May	Track and Field Championships at the Pingles Stadium, Nuneaton To be hosted by Nuneaton Harriers Watch out for details on the web site and in the "Bear"
29 <sup>th</sup> and 30 <sup>th</sup> May	CAU Inter Counties (Seniors) Track and Field Championships at Bedford
22 <sup>nd</sup> June	U20, Seniors and Masters male and female 3k track championships To be hosted by BRAT
10 <sup>th</sup> September	U13/U15 Inter Counties match at Harvey Haden Stadium, Nottingham

There will be 9 races in the Warwickshire Road Race League series next year.  
The WCAA Officers have not yet selected which ones will be County Championships

10 <sup>th</sup> April	Regency 10k (Spa Striders)
15 <sup>th</sup> May	Northbrook AC 10k
12 <sup>th</sup> June	Two Castles 10k (Leamington CandAC)
29 <sup>th</sup> June	Sphinx AC 5mile
10 <sup>th</sup> July	Stratford AC 6mile
14 <sup>th</sup> July	BRAT 5k
24 <sup>th</sup> August	Coventry Godiva Harriers 5mile
2 <sup>nd</sup> October	Kenilworth Half Marathon (Kenilworth Runners)
30 <sup>th</sup> October	Rugby 10 (Rugby and Northampton AC)

To receiving an electronic copy of "The Bear"  
(the WCAA newsletter) or general news from WCAA send your  
e-mail address to [Ray.Morgan1@Btinternet.com](mailto:Ray.Morgan1@Btinternet.com)

And/Or visit

[www.WarwickshireCountyAA.co.uk](http://www.WarwickshireCountyAA.co.uk)