

WARWICKSHIRE COUNTY ATHLETICS ASSOCIATION

2020 Cross Country Championships

Saturday 4th January 2020 at Droitwich
to be held jointly with the Worcestershire AA Championships
hosted by Worcestershire AA

| Age group | Birthday range | Distance | Start time | Presentation Time | Team counters |
|---------------------|----------------------------|----------|------------|-------------------|---------------|
| U13 Boys | 1/9/2006 to 4/1/2009 | 3000m | 11.00 | 11.40 | 3 to count |
| U13 Girls | 1/9/2006 to 4/1/2009 | 3000m | 11.05 | 11.45 | 3 to count |
| U15 Boys | 1/9/2004 to 31/8/2006 | 4000m | 11.30 | 12.15 | 3 to count |
| U15 Girls | 1/9/2004 to 31/8/2006 | 4000m | 11.35 | 12.20 | 3 to count |
| U17 Women | 1/9/2002 to 31/8/2004 | 5000m | 12.00 | 12.55 | 3 to count |
| U20 Women | 1/9/1999 to 31/8/2002 | 5000m | 12.00 | 12.55 | 3 to count |
| U17 Men | 1/9/2002 to 31/8/2004 | 6000m | 12.35 | 13.30 | 3 to count |
| U20 Men | 1/9/1999 to 31/8/2002 | 6000m | 12.35 | 13.30 | 3 to count |
| Senior Women | 4/1/1985 to 31/8/1999 | 6000m | 13.10 | 14.20 | 3 to count |
| Masters Women (O35) | Age 35 & older on 4/1/2020 | 6000m | 13.10 | 14.20 | 3 to count |
| Senior Men | 4/1/1985 to 31/8/1999 | 10000m | 14.00 | 15.15 | 4 to count |
| Masters Men (O35) | Age 35 & older on 4/1/2020 | 10000m | 14.00 | 15.15 | 4 to count |

Age Groups

These Championships use the same age group definitions as the Birmingham Cross Country League and the West Midlands Young Athletes League. U13s must be at least 11 years old on the day of competition. Masters should be 35 or older on the day of competition. Masters and U20s can enter their own age group or as a Senior but will only count towards the individual and team events as declared on the entry form.

Eligibility

Do not enter this event unless you are eligible for Warwickshire. County qualification is either by birth in the County, by 9 months continuous residence prior to competition in the County or by 9 months service in a unit of HM forces stationed in the County.

The Warwickshire County is defined as the Warwickshire pre-1974 boundary which includes Birmingham, Coventry, Solihull and present Warwickshire areas.

Rules

Athletes must be current first claim members of the Club for which they have entered.

Only Clubs Affiliated to Warwickshire County AA will be eligible for team awards.

Only first claim athletes are eligible to score in team competition.

Any number of eligible Athletes can be entered per Club.

Awards

In events where age groups are combined, athletes will only be eligible for awards in the race category (age group) for which they have entered.

In the case of equal team scores, the first team to cross will be declared the winner.

Please note that B-teams are not eligible for Team Awards as this is an event for Clubs.

There is now an award for the best Club overall – The Heeley Trophy.

Presentations

Medals and awards (team & individual) will be presented according to the timetable (see above)

Entry fee

Masters and Seniors £6.00 per individual. All other age groups (U13 – U20) £5.00.

Closing date

Entries to arrive no later than Thursday 12th December 2019

Cancellation

In the unlikely event that the event is cancelled, entry fees will be refunded less 20% to cover unavoidable costs.

Programmes

There will be no printed programme on the day. You can download one from the web site.

Inter Counties

These Championships are the principal criteria for selection to the Inter Counties Cross Country Championships (All age groups) **to be held on 07/03/2020**. Selection for each age group team will be determined by the first three eligible athletes to cross the line in each race. The rest of the team will be selected by Team Managers. The County Association and its Team Managers reserve the right to exclude athletes who have previously been disrespectful to the Association or its Officers. See the County web site for a full description of the selection policy.