

Warwickshire County Athletics Association News



2026 Track and Field Championships – records galore

The 2026 championships on 9th and 10th May brought a swathe of new records as a result of the changes to young athlete age-groups effective since April. This means that the best performance in the U12, U14, U16 and U18 events has set a new county championship record. The records for the U20 and senior competitions carried forward unless bettered in the May '26 champs. The full set of new records will be held on the WCAA website. The records up to 2025 will also be retained on the WCAA website as an archive copy at; <https://www.warwickshireathletics.co.uk/wp-content/uploads/2025/09/Warwickshire-Records-after-2025-champs.pdf>

Individual Championship best performances

The best performances in each age group have been judged using England Athletics PB tables where athletes exceeded the EA grade 9 levels.

Age Group	Event	Athlete	Performance	Grade 9	% delta +
U14B	80mH	William Tse (BRAT)	12.19s	12.5	2.54%
U14G	200m	Marley Johnson (Coventry Godiva Harriers)	27.12s	27.85	2.69%
U16B	300m	Wyatt Robinson (Birchfield Harriers)	36.54s	37.7	3.17%
U16G	Hammer	Sorrel Lockhart (Leamington C&AC)	46.85m	42	11.55%
U18M	110mH	Ethan Winning (Stratford-upon-Avon AC)	15.15s	15.5	2.31%
U18W	200m	Shaiya Kenion (Coventry Godiva Harriers)	24.06s	25.9	7.65%
U20M	400mH	Elliott Godfrey (Rugby & Northampton AC)	55.24s	56	1.38%
U20W	HJ	Daisy Burton (Birchfield Harriers)	1.76m	1.65	6.67%
SM	No grade 9 performance achieved / no award				
SW	No grade 9 performance achieved / no award				

The best individual performance at the championship was therefore **Sorrel Lockhart (LC&AC)**

The Warwick Vase is awarded to the club that scores the maximum number of points across all age groups. Congratulations to Stratford upon Avon AC.

Warwickshire County AA Track & Field Championships 2026 - Warwick Vase								
		U12	U14	U16	U18	U20	Seniors	Total
1	Stratford Upon Avon A.C.	17	138	208	135	43	73	614
2	Rugby and Northampton A.C.	11	82	168	99	84	59	503
3	Birchfield Harriers	10	145	116	38	44	93	446
4	BRAT Club	8	162	132	77	14	51	444
5	Coventry Godiva Harriers	0	36	46	100	38	139	359
6	Solihull and Small Heath A.C.		33	71	60	13	16	193
7	Leamington Cycling A.C.	0	10	60	75		35	180
8	Royal Sutton Coldfield A.C.	14	73	45	30		8	170
9	Leamington Athletics Academy	12	52	16	14	16	7	117
10	Nuneaton Harriers	0		34	13	14	26	87
11	Spa Striders						5	5
12	Kings Heath R.C. - The Lions						3	3
13	Sphinx A.C.			0				0
Total		72	731	896	641	266	515	3121

Fell Running inter-counties competition

Six Warwickshire runners represented the county in the 2026 inter-counties mountain-running championships that were held on 3rd May at Sedburgh in Cumbria over a distance of 14.5km with 980m of ascent. It was a cool and breezy day, with a long climb into the headwind that had to be tackled 3 times on the lapped course. Top honours went to some of the strongest fell-runners in Britain. The Warwickshire athletes acquitted themselves well, results below.

80 th	Pete Eccleston (CGH)	1:30.46	Team placed 19 th
83 rd	David Cooper (CGH)	1:31.05	
93 rd	Matthew Hadlum (CGH)	1:33.31	
95 th	Connor Carson (Kenilworth)	1:35.01	
16 th	Julie Emmerson (CGH)	1:27.11	Team incomplete
51 st	Emily Jones (BRAT)	1:42.28	

10,000m championship races



Track races of 10,000m are hard to find so we are delighted that 2026 WCAA championship races will be held at Redditch on Saturday 15th August within the Edgar Nicholls meeting hosted by our regular partner county Worcestershire.

10,000m on the track (25 laps) is a particular challenge but also the opportunity to gauge the perfect pace for a PB performance. It's open to U20s, Seniors and masters age athletes.

Please be aware of the specific shoe regulations for track races – to be eligible for the WCAA and MCAA championships and Edgar Nicholls Cup then you must wear shoes in accordance with UKA rule TR5. Shoes may be worn that do not comply with this rule but you will not be eligible for the Championships or for the Edgar Nicholls Cup.

Details can be found at <https://certcheck.worldathletics.org/FullList> - any shoe that is listed with a Y in the Track column are eligible.

Women's race at 5pm, men's race at 6pm.

Further details available via: <https://entry4sports.co.uk/10000-26>

Diary dates

The **2026 cross-country championship** races will be held at Solihull Riding School on **SUNDAY 13th December**. Look out for further announcements.

The **WCAA annual general meeting** will be held at Coventry Godiva clubhouse and also with remote (hybrid) access via MS Teams on **Wednesday 11th November**. This will be immediately followed by the AGM of the Warwickshire Road Race league.

Warwickshire Road Race League 2026 – still to come

Date	Race	Promoting club
Fri 14 th Aug	Stratford Summer 6	Stratford AC
Weds 19 th Aug	Summerfield 5k	City of Birmingham Striders
Sun 6 th Sept	Kenilworth ½ marathon	Kenilworth Runners
Sun 13 th Sept	Balsall Common 10k	Solihull & Small Heath AC
Sun 27 th Sept	Rugby 10 mile	Rugby & Northampton AC

For the most up-to-date news see the Warwickshire Road Race league page on facebook.

<https://www.facebook.com/groups/thewrrl>