

WARWICKSHIRE COUNTY ATHLETICS ASSOCIATION
2026 Cross Country Championships under UKA rules
Sunday 13th December 2026 at
Solihull Riding Club, Bentley Heath B93 8QE



Championship age-group qualification, distances and timetable

Age Group	Birth Dates	Distance*	Start	Team
U12 Boys	<i>Born on or after 01/09/2015</i>	1500m	10.45	3 to count
U12 Girls	<i>Born on or before 31/08/2017</i>	1500m	10.48	3 to count
U14 Boys	<i>Born on or after 01/09/2013</i>	3000m	11.00	3 to count
U14 Girls	<i>Born on or before 31/08/2015</i>	3000m	11.03	3 to count
U16 Boys	<i>Born on or after 01/09/2011 –</i>	4000m	11.20	3 to count
U16 Girls	<i>Born on or before 31/08/2013</i>	4000m	11.23	3 to count
U18 Women	<i>Born on or after 01/09/2009 –</i>	5000m	11.50	3 to count
U18 Men	<i>Born on or before 31/08/2011</i>	6000m	12.25	3 to count
U20 Women	<i>Born on or after 01/09/2007</i> <i>Born on or before 31/08/2009</i>	7000m	13.00	3 to count
Senior Women	<i>Born on or before 31/08/2007</i>	7000m	13.00	3 to count
Masters Women (O35)	<i>Born on or before 13/12/1991</i>	7000m	13.00	3 to count
U20 Men	<i>Born on or after 01/09/2007 –</i> <i>Born on or before 31/08/2009</i>	10000m	14.00	3 to count
Senior Men	<i>Born on or before 31/08/2007</i>	10000m	14.00	4 to count
Masters Men (O35)	<i>Born on or before 13/12/1991</i>	10000m	14.00	4 to count

*Approximate distances

Essential information

Age-groups and category qualification

Take careful note of the new age-groups implemented from April 2026.

The Female races ('Girls', 'Women') are for people who were born as biological females. The Male races ('Boys', 'Men') are Open categories. Masters and U20s can enter to compete in their own age group **or** as a Senior but will only count towards the individual and team events in the age group as declared on the entry.

Eligibility to compete in these WCAA champs.

Do not enter this event unless you are eligible for Warwickshire. County qualification is either by birth in the County, by 9 months continuous residence prior to competition in the County or by 9 months service in a unit of HM forces stationed in the County.

The Warwickshire County is defined as the Warwickshire pre-1974 boundary which includes Birmingham, Coventry, Solihull and present Warwickshire areas.

Athletes must be current first claim members of the Club for which they have entered.

Only Clubs affiliated to Warwickshire County AA will be eligible for team awards. Only first claim athletes are eligible to score in the team competition. Any number of eligible athletes can be entered per Club. All athletes must wear a club or representative vest.

Awards

In events where age groups are combined, athletes will only be eligible for awards in the race category (age group) for which they have entered. In the case of equal team scores, the first team to close will be declared the winner. Please note that B-teams are not eligible for team awards as this is an event for Clubs. The Heeley Trophy, (best overall club) is judged on finishers across all age groups.

Entry fee and closing date

Masters and Seniors £8.50 per individual. All other age groups (U12 – U20) £6.50.

Entries must arrive no later than 23:59 on Sunday 29th November 2026. Late entries will not be accepted.

Entries are only valid if the entry fee is paid. WCAA bank details for submission of fees are on the entry form. If the event is cancelled, the entry fees will be refunded less 20% to cover unavoidable costs.

Entry system	Entries are to be submitted using the Excel form provided on the WCAA website and emailed to secretary@warwickshireathletics.co.uk . Team entries are preferred. Note there is an additional fee of £0.75 for entries submitted individually. Entries of 2 or more athletes on the same form and paid together do not incur the premium.
Programmes	There will be no printed programme on the day. You will be able to download one from the County web site after entries have closed and numbers allocated.
Inter-counties representation	These Championships are the principal criteria for selection to the Inter Counties cross-country championships (All age groups U14 and above) to be held at Nottingham in March 2027 . Selection for each age group team will be determined by the first three eligible athletes to cross the line in each race. The rest of the team will be selected by Team Managers. The County Association and its Team Managers reserve the right to exclude athletes who have previously been disrespectful to the Association or its Officers. See the County web site for a full description of the selection policy.
Anti-doping rules	An entrant shall be deemed to have made him/her/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether or not the licence holder is a citizen of, or resident in, the UK.

Other information

Race HQ will be a WCAA Gazebo located near to the Start/Finish area.

Registration: Numbers and pins will be available from the registration area for Team Managers and those runners who entered individually. Registration will open from 10.00am.

There are no changing rooms, so please arrive ready to run. Toilets are available in the Riding Centre. Extra portable toilets will be provided at the end of the car park. Refreshments will be available from the Hayloft Cafe in the Riding Centre.

Team Tents and Assembly Area: There will be an area for Club/Team tents and flags.

Marshals: This event cannot go ahead without marshals and clubs have been requested to nominate at least 2 marshals to assist. They do not need to commit to the whole day.

Results will be calculated and announced as soon as possible after each race finishes.

Public Transport: The nearest railway station is Dorridge which is about 30 mins walk from the venue. Busses can be caught from Solihull town centre to Bentley Heath approx. 15min walk to the venue.

By car: from the M42 J4 take the A3400 (South) towards Henley-in-Arden. At the first traffic lights immediately after leaving the motorway junction turn left into Gate Lane (very narrow after the left-hand bend), and at the T-junction opposite the car dealership showroom left again into Four Ashes Road. Solihull Riding Club is on the left a further half-mile along Four Ashes Road, past the Drum & Monkey pub on your right and before the hump-back railway bridge, but if you miss the entrance carry on over the bridge for 1/4 mile to the next roundabout and turn round. There is a large car park at the Riding Centre adjacent to the course.

Warwickshire County AA web site is at www.WarwickshireAthletics.co.uk