

# **WARWICKSHIRE ROAD RACE LEAGUE**

## **LEAGUE RULES**

Adopted at the AGM in November 2011 to take into account the governance of the League by the Warwickshire County A.A.

Amended after the AGM held in November 2012.

Amended after the AGM held in November 2013.

Amended after the AGM held in November 2014.

Amended after the AGM held in November 2015.

Amended after the AGM held in November 2016.

Amended after the AGM held in November 2017.

Amended after the AGM held in December 2021. Changes highlighted in red.

### **1.0 NAME**

The League shall be called "The Warwickshire Road Race League".

### **2.0 OBJECTIVES**

The objectives of the League shall be as follows:

- 2.1 To foster team racing in road races and to give added incentive to runners not normally in the prize list.
- 2.2 To encourage the quality, spread and diversity of road races throughout the County
- 2.3 To ensure good support for local events to enable those events to be staged annually.
- 2.4 To give extra incentive for friendly rivalry and competition.

### **3.0 MEMBERSHIP OF THE LEAGUE**

Membership of the League shall be open to all Athletic Clubs (and their first claim members) which are affiliated to Warwickshire County A.A

### **4.0 MANAGEMENT OF THE LEAGUE**

The League shall be managed by an elected Chairman and Results Secretary. The Chairman shall recruit extra Officers to assist him/her as and when s/he sees fit.

The Chairman shall also be an Officer of the Warwickshire County AA on whose management committee s/he will represent the League and road running in the wider sense.

**For the avoidance of any doubt, the County Association and the WRRL Management Committee are taking advantage of the results of races "in the League" to provide extra interest. WCAA and the WRRL Management Committee are in no way responsible for the races themselves but WCAA and the WRRL have a lot of expertise that the race promoters are advised to make use of.**

## **5.0 ANNUAL GENERAL MEETING**

An Annual General Meeting shall be called in November of each year. Notices shall be sent at least 30 days in advance to each Club.

Decisions shall be made on a simple majority rule. All League Officers and two delegates from each Club shall be allowed to vote if they are present at the meeting. Other Members of affiliated Clubs or Associations may attend the meetings as visitors, but may not take active part in the voting. Proxy votes shall not be allowed.

The business of the Annual General Meeting shall be:

- Accept apologies for absence.
- Accept minutes of the previous AGM and matters arising.
- To receive a report from the Chairman.
- To present the prizes for the season just passed.
- To elect the League Officers for the ensuing year.
- To amend these Rules as necessary.
- To agree the fixtures for the following season and the maximum number of races to count towards each individuals points total. Clubs wishing to promote a race must notify the League Chairman prior to the AGM.
- To agree the promoters levy and consequently the prize list.
- Any other relevant business at the discretion of the Chairman.

Any proposals of changes to the Rules or motions to be discussed at the AGM must be notified in writing or by e-mail to the Chairman.

## **6.0 RULES OF COMPETITION**

The Rules of Competition shall be as laid down in the current UK Athletics Handbook for all aspects including ages, distances and eligibility.

League rules.

- A runner will retain the same age group as registered at his/her first race of the season.
- Any runner participating in an event qualifying for the Warwickshire Road Race League who runs under someone else's name will be disqualified from the League points system for the whole of the season in which the event counted.

## **7.0 SCORING AND LEAGUE STRUCTURE**

### **7.1 Individual scoring**

- a) Points will be awarded to each individual finishing a race as follows:  
Men - winner 500 pts, 2nd 499 pts, 3rd 498 pts and so on.  
Women, Juniors and Men Vets - winner 200 pts, 2nd 199 pts, 3rd 198 pts and so on.
- b) An U20 athlete can count his/her best 4 results towards their individual season total. All other athletes can count their best 6 results towards their individual season total if there are 10 or 11 races in the series but the best 7 if there are 12 races in the series.

### **7.2 Team scoring and League structure**

- a) Teams shall score in each race using individual League points as follows:  
Men - first six for each Club (including all age groups)  
Women - first four for each Club (including all age groups)  
Men Masters - first six for each Club (all masters age groups)  
Women Masters- first four for each Club (all masters age groups)
- b) In the event of a tie on League points the team which closes first shall be awarded the higher points.
- c) On the basis of the above team total for each race, the winning team in each division will score 20 points, second team 17 points, then third team 15 points, fourth team 14 points and so on downwards.
- d) Teams may count their best (n-1) races towards the season team points where (n) is the number of races in the season. This rule allows clubs who host a race to use athletes as volunteers. In the event of a tie on League points at the end of the season the winning team shall be decided on the aggregate individual totals.

## **8.0 AWARDS**

Awards shall be made as below:-

### **8.1 Team awards**

Men's winning team

Women's winning team

Men's winning masters team

Women's winning masters team.

The winning teams will receive a shield which they retain for one year together with a small replica plaque to keep.

### **8.2 Individual awards**

An award will be given to the 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> overall of both genders.

An award will be given to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> of each of the following age groups for both genders:-

Junior, Senior, Masters35, Masters45, Masters55, Masters65

Individual awards will only be given to athletes who have completed the maximum number of races that count towards their season's total (see above). In the event of a 'dead heat' between individuals finishing 1st, 2nd or 3rd an identical award will be given to each athlete and, for clarification, if a 'dead heat' occurs for 1st place (for example) the next athlete will receive the award for third place.

An athlete will only qualify for one individual age group award.

Unless declared and registered to the contrary (at the start of a season),

Masters (men and women) will be assumed to be competing in their normal Masters category.

Note:- the WRRL winners will also be considered to be the Warwickshire County Road Champions provided they qualify for the County.

## 9.0 GUIDELINES FOR RACE PROMOTERS

Clubs and Promoters who would like their race included in the League programme should take into account the points below. These are only guidelines not compulsory rules but they do illustrate the “best practice” that promoters should strive to achieve.

General League issues:-

- The League will always give preference to races organised by Clubs affiliated to Warwickshire County AA.
- The League is for road races but a limited stretch of off road is acceptable if the surface is solid and safe and suitable for flat trainers in any weather.
- The League tries to avoid races too close together and tries to spread them over the season.
- The League tries to cover a range of distances.
- Races could be on any day of the week, daytime or evenings.

Specific race issues

- Races must have a permit, be safe and well organised.
- Note:- Apply for a permit at the earliest possible opportunity otherwise another race may take your preferred date.
- Races must be over a measured distance which has been Certified or Registered as accurate.
- The race should have a “graded” Referee and Timekeeper(s).
- The entry fees and closing date should be reasonable for an affiliated athlete who enters many races over the season.
- The League should be prominently displayed and promoted on all race literature and web sites.
- Promoters should allow runners who are injured to pass their entry to another athlete provided they register the new athlete’s details – even up to and including the day of the race.
- Promoters MUST have a race policy which forbids the use by an athlete of any device which might impair his or her hearing of a marshal’s instructions or warnings.

## Race Results issues

- The race results service and subsequent post-race presentations should be efficient.
- Race results should be displayed as soon as possible on a public web site.
- An Excel copy of the results should be supplied to the League within three days of the race (and subsequent amendments as and when they are made). The format to include finish position, name (preferably with first and last in separate columns), club, time (hh:mm:ss format), age group (M20, MSen, MV35, MV45, MV55, MV65 and female equivalents), EA number (see below) and e-mail address (see below).

Note that DOB is no longer required..

The League will annotate the results loaded after three days as draft and then after two weeks as confirmed.”

- Promoters should ask all entrants who claim to be affiliated to an EA club for their EA registration number and that number should be passed to the League with the electronic results. Note that a finisher without an EA number will not be included in the results. The League reserves the right to ignore an athlete who has supplied an incorrect or lapsed number. Any athlete whose EA affiliation is not current will not be given any League awards. The League does not demand that race promoters validate EA affiliations.
- Promoters should share any e-mail addresses supplied to them with the League. The League will only use the addresses for promoting WRRL races and notification of the AGM and related subjects. The League will not forward these addresses to any other organisation. Promoters should ensure that entrants to their races are aware that their e-mail address may be used for WRRL purposes (see wording below). The League suggests this wording be added to entry forms and entry systems. “E mail addresses will only be used for the XXX Club and WRRL (League) purposes only. Please cross the box if you do not want to receive any mails from the XXX club or the WRRL”.

Ray Morgan  
November 2017